

**Sheet Metal Workers' Health Plan of Southern California, Arizona and Nevada**  
**Monthly Retiree Self-Pay Rates as of January 1, 2018**  
**For Retirement Dates Prior to July 1, 2016**  
**HMO Medical Plans**

Groups		Retiree Enrolled in Medicare Parts A & B			Retiree Ages 58-64			Retiree Under Age 58		
		Retiree Only	Retiree & Spouse		Retiree Only	Retiree & Spouse		Retiree Only	Retiree & Spouse	
			Medicare Spouse	Non-Medicare Spouse		Medicare Spouse	Non-Medicare Spouse		Medicare Spouse	Non-Medicare Spouse
30+ Years of Pension Credit	15+ Years Retired	\$229	\$391	\$481	\$505	\$702	\$792	\$532	\$771	\$862
	9-14 Years Retired	\$239	\$415	\$505	\$530	\$747	\$838	\$556	\$819	\$910
	2-8 Years Retired	\$251	\$439	\$530	\$554	\$793	\$884	\$581	\$867	\$958
25-29 Years of Pension Credit	15+ Years Retired	\$245	\$423	\$529	\$536	\$750	\$855	\$563	\$819	\$924
	9-14 Years Retired	\$256	\$447	\$553	\$561	\$795	\$900	\$587	\$867	\$972
	2-8 Years Retired	\$267	\$472	\$577	\$585	\$841	\$946	\$613	\$915	\$1,020
20-24 Years of Pension Credit	15+ Years Retired	\$272	\$479	\$600	\$592	\$842	\$963	\$619	\$914	\$1,035
	9-14 Years Retired	\$283	\$504	\$624	\$617	\$888	\$1,009	\$644	\$962	\$1,082
	2-8 Years Retired	\$294	\$529	\$650	\$641	\$936	\$1,057	\$668	\$1,011	\$1,131
18-19 Years of Pension Credit	15+ Years Retired	\$288	\$512	\$647	\$623	\$890	\$1,025	\$650	\$962	\$1,097
	9-14 Years Retired	\$299	\$537	\$672	\$648	\$936	\$1,071	\$675	\$1,010	\$1,145
	2-8 Years Retired	\$311	\$562	\$697	\$672	\$984	\$1,119	\$700	\$1,058	\$1,193
15-17 Years of Pension Credit	15+ Years Retired	\$311	\$562	\$697	\$672	\$984	\$1,119	\$700	\$1,058	\$1,193
	9-14 Years Retired	\$321	\$587	\$722	\$697	\$1,029	\$1,164	\$724	\$1,106	\$1,241
	2-8 Years Retired	\$332	\$610	\$745	\$722	\$1,075	\$1,211	\$747	\$1,155	\$1,291
12-14 Years of Pension Credit	15+ Years Retired	\$327	\$594	\$745	\$704	\$1,031	\$1,181	\$731	\$1,105	\$1,256
	9-14 Years Retired	\$337	\$619	\$769	\$728	\$1,076	\$1,227	\$755	\$1,153	\$1,304
	2-8 Years Retired	\$348	\$642	\$792	\$753	\$1,123	\$1,273	\$778	\$1,203	\$1,353
All Others		\$360	\$668	\$818	\$776	\$1,169	\$1,319	\$804	\$1,251	\$1,402
Surviving Spouses not receiving a Pension check		Your self-pay rate will be \$229 for those enrolled in Medicare, or \$390 for those not eligible for Medicare.								
Surviving Spouses receiving a Pension check		Your self-pay rate is based on your spouse's date of birth, years of Pension credit, and Pension effective date.								

**Sheet Metal Workers' Health Plan of Southern California, Arizona and Nevada**  
**Monthly Retiree Self-Pay Rates as of January 1, 2018**  
**For Retirement Dates On or After July 1, 2016**  
**All Medical Plans**

Pension Credits	Self-Pay Percentage of Cost	Retiree or Widow Only		Retiree and Spouse		
		Enrolled in Medicare Parts A & B	Not Enrolled in Medicare Parts A & B	Both Enrolled in Medicare Parts A & B	Both Not Enrolled in Medicare Parts A & B	One Enrolled in Medicare Parts A & B and One Not Enrolled in Medicare Parts A & B
30 or more	60%	\$243	\$469	\$486	\$938	\$712
At least 25 but less than 30	70%	\$284	\$547	\$568	\$1,094	\$831
At least 20 but less than 25	80%	\$324	\$625	\$648	\$1,250	\$949
At least 15 but less than 20	90%	\$365	\$703	\$730	\$1,406	\$1,068
All Others	100%	\$405	\$781	\$810	\$1,562	\$1,186