

**Sheet Metal Workers' Health Plan of Southern California, Arizona and Nevada**  
**Monthly Retiree Self-Pay Rates as of January 1, 2018**  
**For Retirement Dates Prior to July 1, 2016**  
**Fee-For-Service & Medicare Supplemental Plans**

Groups		Retiree Enrolled in Medicare Parts A & B		
		Retiree Only	Retiree & Spouse	
			Medicare Spouse	Non-Medicare Spouse
30+ Years of Pension Credit	15+ Years Retired	\$278	\$453	\$543
	9-14 Years Retired	\$293	\$487	\$577
	2-8 Years Retired	\$307	\$518	\$609
25-29 Years of Pension Credit	15+ Years Retired	\$295	\$485	\$591
	9-14 Years Retired	\$309	\$519	\$625
	2-8 Years Retired	\$324	\$551	\$656
20-24 Years of Pension Credit	15+ Years Retired	\$325	\$551	\$672
	9-14 Years Retired	\$340	\$583	\$703
	2-8 Years Retired	\$355	\$615	\$736
18-19 Years of Pension Credit	15+ Years Retired	\$342	\$584	\$719
	9-14 Years Retired	\$356	\$616	\$751
	2-8 Years Retired	\$371	\$648	\$783
15-17 Years of Pension Credit	15+ Years Retired	\$371	\$648	\$783
	9-14 Years Retired	\$386	\$681	\$817
	2-8 Years Retired	\$402	\$712	\$847
12-14 Years of Pension Credit	15+ Years Retired	\$387	\$680	\$830
	9-14 Years Retired	\$402	\$713	\$864
	2-8 Years Retired	\$418	\$744	\$895
All Others		\$432	\$778	\$928
Surviving Spouses not receiving a Pension check		Your self-pay rate will be \$251 for those enrolled in Medicare.		
Surviving Spouses receiving a Pension check		Your self-pay rate is based on your spouse's date of birth, years of Pension credit, and Pension effective date.		